

Dear Parents,

As we all deal with a recent loss, we hope you find these resources helpful over the next couple of weeks. Remember we are here for you and your student. Please don't hesitate to reach out if you have questions, concerns, need assistance, whatever.

Sincerely,  
Dr. Buechel Haack, Mr. Faris and Mrs. Bunyea

**Parent Resources:**

[Talking to your child about grief and loss](#)

[Mental Health America Resource](#)

[Mental Health America-Sheboygan Therapist Directory-](#)

<https://mhasheboygan.org/therapist-directory>

If you find that your child is struggling to deal with the loss, please reach out to Mrs. Bunyea, school counselor, at [mbunyea@goresorters.com](mailto:mbunyea@goresorters.com)

**Student Resources:**

[Take an online mental health assessment](#)

Crisis text line: 741741

Suicide Prevention Lifeline 1800-273-TALK (8255)

[Mental Health America Resource](#)

Brown County 24-hour Phone Line: 920-436-8888

Sheboygan County Mobile Crisis Unit: 920-459-3151

**Mrs. Bunyea is always available if you have concerns about a friend or need to talk. In addition, we will have a counselor from Mental Health America available in the school counselor's office on Monday if you need extra support.**